

# Brain Activity

This fun activity is for children from kindergarten to grade 6.  
Boxes (or bags) are used to isolate the sense of touch from sight and hearing.

The object is to put something into the box and then have other people try to guess what it by touch alone.

1. **Any type of cardboard box or a large shoebox.**
2. **On the side of the box, cut a hole large enough to put your hand through.**
3. **Decorate the box with pictures and drawings.**
4. **If you do not have a box, you can use a pillowcase while you hold it closed.**

**To make it more challenging, put on a pair of gloves (dishwashing gloves, latex gloves, work gloves) and try to guess what is in the box or bag. This will show children what happens when they reduce the amount of tactile (touch) information getting to their brain.**

## Items to try:

- Cup, spoon, ball, block, sponge, fruit, sponge, rock, cotton ball, leaf, pinecone, feather, wood letters, wood numbers, foil, peanuts, bar of soap.
- Cut up sponges in similar and different shapes.
- Plastic cut-out bath letters and toy animals.

## Get creative and have some fun with it!

- Put several things in the box at the same time. Ask how many items are in the box (bag).
- Discuss the texture of objects: smooth, rough, bumpy, soft, hard, etc.
- Get pairs of objects; one object is outside of the box; the other object is inside the box. Show an object to a person, then have this person find the same object in the box.