

16th Annual Fredericton Brain Tumour Walk

"We are determined to show everyone the strength that it takes to Fight Like A Girl."

FREDERICTON, NB, May 13, 2019 – On Saturday, May 25, 2019, Brain Tumour Foundation of Canada comes to Fredericton for its 16th annual Brain Tumour Walk. Joining this year's event is Team 'Fight Like A Girl', led by Sara Holyoke, who continues to inspire the community following her brain tumour diagnoses. Sara's team have already raised over a third of the fundraising goal for this event.

"Survivors like Sara and their families are the heart of Brain Tumour Foundation of Canada and for 16 years, we've had the privilege to walk with this incredible group of people in Fredericton who are affected by an often-devastating disease," says Susan Marshall, CEO.

Sara's brain tumour diagnosis came during Thanksgiving weekend 2014 when doctors discovered a golf-ball-sized tumour on her right frontal lobe. Sara was immediately sent for an emergency re-section in Saint John, NB, which left her paralyzed. She spent over a year in intensive physical rehabilitation at the Dr. Everett Chalmers Regional Hospital and Stan Cassidy Centre to re-learn basic motor skills.

Sara's tumour was found to be cancerous. She embarked on multiple rounds of chemotherapy before her tumour fully returned at the end of July 2017. Next up was a full awake resection craniotomy, followed by more rounds of both chemotherapy and radiation treatments - treatments she will undergo for the rest of her life. A more recent tumour discovered in spring 2018 is being monitored and is shrinking. Sara, who has remained the General Manager of the Delta Fredericton since day one of her diagnoses, is ready to take part in the Fredericton Brain Tumour Walk, surrounded by family and friends.

"This will be our second time walking at this event," explains Sara, "We are determined to show everyone the strength that it takes to Fight Like A Girl."

What: Fredericton Brain Tumour Walk

When: Saturday, May 25, 2019 (9:30am Registration Opens, 10:45am Survivor Photo, 11:00am Opening Ceremony, 11:30am Walk)

Where: Hugh John Flemming Forestry Centre, 1350 Regent St

About Brain Tumour Foundation of Canada: Brain Tumour Foundation of Canada is the only national charity offering information and support to patients affected by any kind of brain tumour – be it cancerous, non-malignant or metastases. The organization funds ground-breaking research across North America and, since 1982, has dedicated over \$7.2 million to finding a cure and improving treatment for brain tumour survivors. Brain Tumour Foundation of Canada is funded solely through generous contributions from individuals, corporations, organizations, employee groups and special events like the Brain Tumour Walk events. Learn more at Brain Tumour Foundation of Canada's website: www.BrainTumour.ca.

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To schedule an interview with Sara Holyoke or for further information about the 16th Fredericton Brain Tumour Walk, please contact:

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