



# Quebec

## Every day, 27 Canadians hear the words, "You have a brain tumour."

It's the mission of Brain Tumour Foundation of Canada to reach every individual impacted by this disease, across the country, with information, support, education and research. Thanks to donors' generosity, patients, survivors, caregivers and loved ones are empowered with the tools to improve their quality of life while on the journey with a brain tumour.

### In Quebec, you can:

#### Access support:

- Join one of the Adult Support Groups in Montreal
  - English
  - French
  - Caregiver Specific
- or join a Virtual Support Group from the comfort of your home in English or French
- Call the toll-free information and support line – **1-800-265-5106** (Monday to Friday, 8:30am – 4:30pm EST)
- Join our Closed Facebook Support Group (adult or pediatric)
- Take part in BrainWAVE/ GOcervo, the Quebec pediatric support program where parents and their children diagnosed with a brain tumour can connect with other families

#### Gain knowledge:

- Attend or live stream the Brain Tumour National Conference
- Request your copy of one of the Brain Tumour Handbooks. Pediatric, Adult and Non-Malignant available, electronically or in print
- Visit [www.BrainTumour.ca/information](http://www.BrainTumour.ca/information) and download Information Sheets written by health care experts
- Access a toolkit to advocate for your best care

#### Find hope through research:

Brain tumour research brings hope to the entire community impacted by the disease. Hope that treatments will become less invasive. Hope that diagnoses can be reached faster. And hope that there will be a cure.

Research has been funded at leading centres across Quebec, including:

- Jewish General Hospital
- L'Université de Sherbrooke
- McGill University
- Montreal Neurological Institute and Hospital
- CHU Sainte-Justine

#### Give to support brain tumour patients and their families:

- Take part in the annual Brain Tumour Walk – the largest Canadian fundraiser for the brain tumour community. In Quebec, the Montreal event gives you the chance to lace up and walk or run to transform the future for patients and their loved ones
- Make a donation and support the research and unique programs needed by the brain tumour community
- Volunteer your time with Brain Tumour Foundation of Canada programs, services, advocacy and more
- Host your own Community Event – increase awareness about brain tumours or fundraise to help build services that change lives every day

[www.braintumour.ca](http://www.braintumour.ca)  
**1-800-265-5106**

