



HANDOUT: What are core values?

Core values guide you when making important decisions and doing work.

Core values are a set of fundamental beliefs, ideals or practices that inform how you conduct your life, both personally and professionally.

A person can have a set of personal core values they lead themselves with, and a business / organization can also have and maintain core values. These can help an organization determine how to allocate resources and make important decisions.

There are over 100 different types of core values – here are some examples:

- Acceptance
- Achievement
- Adventure
- Bravery
- Caring
- Collaboration
- Communication
- Community
- Creativity
- Curiosity
- Family
- Friendships
- Growth
- Happiness
- Honesty
- Humility
- Ingenuity
- Innovation
- Integrity
- Kindness
- Knowledge
- Optimism
- Patience
- Peace
- Popularity
- Power
- Quality





- Respect
- Responsibility
- Stability
- Success
- Time management
- Wisdom



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